

**The United States Pilates Association™ is Pleased to Offer
A New York Pilates Studio® Teacher Certification Program
Continuing Education Workshop**

Wunda Chair & Advanced Mat (including Magic Circle and
Collection of Barrels) on 10:00AM to 4:00PM November 7th;
Duet Instruction at 9:00; 4:30 and 5:30

Peter is from Southern California and began the Pilates method during 1988 in New York City. He continued training with 1st generation master instructor Romana Kryzanowska and was certified by Romana in 1998. Over the years, Peter has continued to study with 1st generation master teachers Jay Grimes and Kathy Grant, as well as other notable instructors in the field. In addition to producing the well respected award-winning Classical Pilates Technique series of six DVD titles, Peter is a guest instructor at Pilates training centers all around the U.S. and internationally. Peter demonstrated Pilates, and periodically was a guest co-host on QVC cable television from 1997-2002. During the 1980s & 1990s Peter earned two masters degrees as well as a Ph.D. degree in psychology, and worked at well-respected health centers in New York City and the Philadelphia area until 2001. Peter will be available for private and semi-private lessons before and after the workshop. Please Register at www.Pilates-Studio.com

**The United States Pilates Association™
invites you to participate in
a continuing education seminar featuring
Authentic Pilates™ Exercises on the
Wunda Chair and the Mat
presented by Peter Fiasca.**

Peter Fiasca, Founder of Classical Pilates Inc.



**LOCATION: Art of Control, SUNY at Purchase College
735 Anderson Hill Rd., Purchase, N.Y. 10577
914-251-7842
www.artofcontrol.com**

**To REGISTER GO TO WWW.artofcontrol.COM
(click on Workshops and Seminars)**