

**The United States Pilates Association™ is Pleased to Offer  
A New York Pilates Studio® Teacher Certification Program  
Continuing Education Workshop**

Wunda Chair & Advanced Mat (including Magic Circle and Reformer Mat) 10:00AM to 4:00PM November 7, 2009; Private and Group Instruction on November 7, 2009

Peter is from Southern California and began the Pilates method during 1988 in New York City. He continued training with 1st generation master instructor Romana Kryzanowska and was certified by Romana in 1998. Over the years, Peter has continued to study with 1st generation master teachers Jay Grimes and Kathy Grant, as well as other notable instructors in the field. In addition to producing the well respected award-winning Classical Pilates Technique series of six DVD titles, Peter is a guest instructor at Pilates training centers all around the U.S. and internationally. Peter demonstrated Pilates, and periodically was a guest co-host on QVC cable television from 1997-2002. During the 1980s & 1990s Peter earned two masters degrees as well as a Ph.D. degree in psychology, and worked at well-respected health centers in New York City and the Philadelphia area until 2001.

Peter will be available for private and semi-private lessons before and after the workshop. Please Register at [www.Pilates-Studio.com](http://www.Pilates-Studio.com)

**SPECIAL EVENT:  
BOOK SIGNING**

Peter will have on hand copies of his EXCELLENT book:

*Discovering Pure Classical Pilates*  
Theory and Practice  
as Joseph Pilates Intended  
The Traditional Method vs.  
The Lies for Sale

DO NOT MISS THIS RARE  
OPPORTUNITY

The United States Pilates Association™  
invites you to participate in  
a Continuing Education Seminar featuring  
Authentic Pilates™ Exercises on the  
Wunda Chair and Advanced Exercises for the  
Mat (magic circle and reformer mat)  
presented by Peter Fiasca.

Peter Fiasca, Founder of Classical Pilates Inc.



LOCATION: Art of Control, SUNY at Purchase  
College  
735 Anderson Hill Rd., Purchase, N.Y. 10577  
914-251-7842  
[www.artofcontrol.com](http://www.artofcontrol.com)



**To REGISTER GO TO [WWW.PILATES-STUDIO.COM](http://WWW.PILATES-STUDIO.COM) (click on Workshops and Seminars)**

United States Pilates Association™, LLC ( exclusive Licensee of the New York Pilates Studio® Teacher Certification Program). 1500 East Broward Blvd, Suite 250, Ft. Lauderdale, Fl. 33301 Email [Info@UnitedStatesPilatesAssociation.com](mailto:Info@UnitedStatesPilatesAssociation.com)